

Why should I get a peel?

Your skin will be: Lighter, Brighter, Tighter

Our Professional Peels:

- * Promote healthy cell turnover
- * Slough off dead skin cells revealing smoother skin
- * Smoother makeup application
- * Slow down the aging process
- * Even skin tone
- * Large pores appear smaller
- * Increase natural oil production
- * Increase blood flow for a more youthful appearance
- * Improve absorption of products
- * Improve appearance of fine lines

* **Pro Power Peel** from Dermalogica:

Dermalogica has a unique perspective when it comes to chemical peels. We remain committed to overall skin health, part of which is regular resurfacing to accelerate cell turnover and renewal rates. With this in mind, skin health experts at The International Dermal Institute and Dermalogica developed Pro Power Peel; a fully customizable collection of peels and our fastest and strongest peel yet!

* **BioActive Peel** from Dermalogica: Done only by Certified Estheticians using Lactic Acid, Plant Enzymes, & Skin Soothing Botanicals. Great for sensitive skin.

* **GM Collin Chemical Peels:** 4 to 6 Week Series using Lactic, Derm Renewal, Glycolic, Salicylic, & Modified Jessner Acids.

* **2B BioPeel** The 2B Bio Peel is an Organic, all natural peel that works by activating the exfoliation process from within the skin. The natural and powerful agents of this treatment stimulate the skin to reject the impurities that smother it. The skin is deeply purified. Free of all blackheads and inflammation, the skin is more smooth and bright.

Post-Treatment Care

Your skin condition, skin concerns & dedication to post-treatment care will impact the frequency and results of your Peel treatments. Ideally, a series of 3 to 6 Peels are performed over a 6—12 week period, followed by maintenance treatments twice a year.

Immediately after your Peel treatment, your skin may appear red and flushed. As your skin goes through the renewal process, it is normal to experience dryness, redness & tightness, as well as some peeling or flaking within a week. You may also notice a temporarily more pronounced appearance of pigmentation as it rises to the skin's surface. These side effects will subside quickly with the proper post-treatment care, starting with your esthetician's recommended home care products.

A Pro Power Peel Post Procedure Kit is recommended following all **Pro Power Peels**. Kit includes Ultra Calming Cleanser, Barrier Defense Booster, Calm Water Gel & Super Sensitive Shield SPF 30. \$16 is added to your first Pro Power Peel single or Series for this kit (\$29 retail value).
* Any time you need a new Kit you can either buy one for \$29 or add a kit to your new Series or book a single Peel that includes a kit. (Pro Power Peel 30 or 60 — First Peel).

Rapid Reveal Peel is recommended for home use to enhance your results of your Professional Peel.



Professional Chemical Peels

Anti-Aging, Acne & Hyperpigmentation



The Spa at Harbor Bay

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For appointments
Go to:
www.harborbayclub.com

Or call:
(510) 521-5509



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What are the benefits of Chemical Peels

1. They promote exfoliation of the skin's surface layers
2. They cause cell renewal
3. They improve the texture of the skin
4. They reduce the signs of aging (fine lines & wrinkles)
5. They reduce the sign of photo-damage
6. They diminish some forms of pigmentation & unbalanced skin tone
7. They treat acne concerns & breakouts
8. They improve skin congestion
9. They brighten the complexion
10. They leave the skin feeling silky soft

Who should not receive a Pro Power Peel? Anyone who:

- Has received a resurfacing skin procedure such as laser, light therapy, microdermabrasion or chemical peel within the past two weeks
- Has received Botox or other injectables within the past week
- Has used Retin-A within the past 48 hours
- Has used Isotretinoin (Accutane) in the past six months
- Has waxed within the past 72 hours
- Has a contagious skin disease or infection such as an active cold sore
- Is pregnant or lactating

Common Questions

How often do I need a Peel Treatment to maintain results?

Your Esthetician will prescribe a Series of 3 to 6 Peels depending on your skin concern and skin condition and which Peel is done.

Multiple series may be performed to achieve the desired results. Some peels can be done weekly and others less often.

When can I expect to see results?

Results will depend on your skin condition and how frequently you get Peels. As with any skin care regimen, results can take anywhere from 2-4 weeks to show, as this is how long it takes for skin to renew itself.

Is there anything I need to do to prepare for my Peels?

Once your Esthetician determines you are a candidate for one of our Peels, she may prescribe a Dermalogica or GM Collin pre-treatment regimen specific to your skin condition. As a general rule of thumb, it is good practice to discontinue the use of prescribed exfoliants (such as Retin-A and Renova) at least 48 hours prior to, and during, any Peel Treatments. Using Rapid Reveal Peel at home is recommended to prep the skin for our Pro Power Peel.

I used to take Isotretinoin (Accutane).

Can I receive Peel Treatments?

Yes, but only if you've been off Isotretinoin for more than 6 months.

I'm pregnant.

Can I receive a Peel Treatment?

No. All of our Peels contain Salicylic Acid, an ingredient that is not to be used on pregnant or lactating women.



Pro Power Peel 30 & 60

Pro Power Peel from Dermalogica: Dermalogica's newest Peel customized to brighten the skin, for acne, hyperpigmentation, & signs of aging. Peels include a combination of 30% Lactic Acid, Mandelic Acid, Salicylic Acid, Malic Acid, TCA, & 30% Glycolic Acid. Pro Power Peels are done every 2 to 4+ weeks depending on skin concerns. (no extractions)

	HBC Members	Non-Members
Pro Power Peel 30	\$74	\$79
Face & neck(35 min)		
Series of 3 (35 min.)	\$199	\$213
Pro Power Peel 60	\$97	\$108
Face, neck & décolleté(60 min)		
Series of 3 (60 min)	\$260	\$290

Dermalogica BioActive Peel

Great for sensitive skin, this peel is done by our Dermalogica Certified Esthetician, Carrie. This appt can only be booked in The Spa Shoppe by the recommendation of Carrie. (no extractions)

55 minutes	\$93	\$104
Series of 4 (55 min)	\$334	\$374
Algae Mask Add-on	\$21	\$23

GM Collin Chemical Peels

The perfect solution for Fine Lines & Wrinkles, Hyperpigmentation, Flaky Skin & Acne. Series are customized by your Esthetician using a combination of Lactic Acid, Salicylic Acid, Derm Renewal, Glycolic Acid & Modified Jessner. Series should be done once a week for 4 to 6 weeks. Each treatment is 35 minutes (no extractions).

GM Collin Peel (35 min)	\$52	\$57.75
Series of 4	\$187	\$212
Series of 6	\$280	\$318

2B BioPeel

The 2B Bio Peel is an Organic, all natural peel that works by activating the exfoliation process from within the skin. The natural and powerful agents of this treatment stimulate the skin to reject the impurities that smother it. The skin is deeply purified. Free of all blackheads and inflammation, the skin is more smooth and bright. The powerful and unique antioxidants found in the 2B Bio Peel are capable of balancing the consequences of prolonged tissue dysfunction caused by long term dermal stress, hypo-tonicity and subcutaneous inflammation or loss of muscular function.

75 minutes	\$114	\$125
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