

## Why should I get a peel?

### Peels can do wonders:

Your skin will be:  
Lighter, Brighter, Tighter

#### Our Professional Peels:

- \* Promote healthy cell turnover
- \* Slough off dead skin cells revealing smoother skin
- \* Smoother makeup application
- \* Slow down the aging process
- \* Even skin tone
- \* Large pores appear smaller
- \* Increase natural oil production
- \* Increase blood flow for a more youthful appearance
- \* Improve absorption of products
- \* Improve appearance of fine lines

### Peels to choose from:

\* Professional Chemical Peels from GM Collin: 4 to 6 Week Series using Lactic, Derm Renewal, Glycolic, Salicylic, & Modified Jessner Acids.

\* BioActive Peel from Dermalogica: Done only by Certified Estheticians using Lactic Acid, Plant Enzymes, & Skin Soothing Botanicals. Great for sensitive skin.

Your Esthetician will help you choose the best Peel for you!

## Post-Treatment Care

Your skin condition, skin concerns & dedication to post-treatment care will impact the frequency and results of your Peel treatments. Ideally, a series of 3 to 6 Peels are performed over a 6—12 week period, followed by maintenance treatments twice a year.

Immediately after your Peel treatment, your skin may appear red and flushed. As your skin goes through the renewal process, it is normal to experience dryness, redness & tightness, as well as some peeling or flaking within a week. You may also notice a temporarily more pronounced appearance of pigmentation as it rises to the skin's surface. These side effects will subside quickly with the proper post-treatment care, starting with your esthetician's recommended home care products.



## Professional Chemical Peels

### Anti-Aging, Acne & Hyperpigmentation



### The Spa at Harbor Bay

200 Packet Landing Rd.  
Alameda, CA 94502

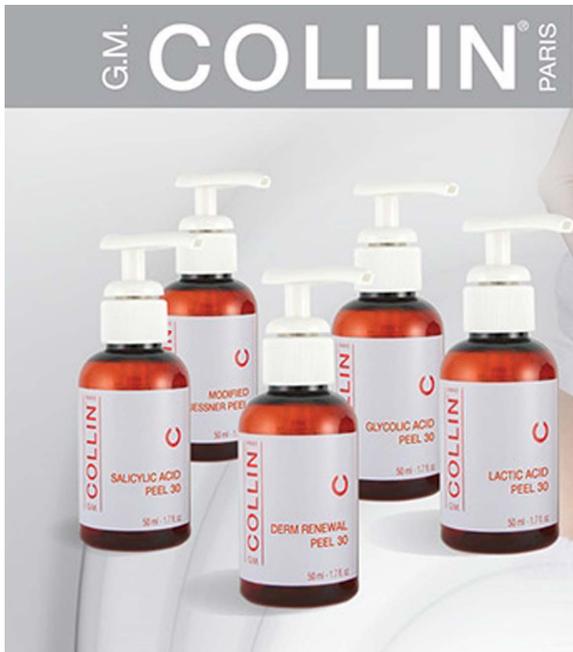
For appointments  
Go to:  
[www.harborbayclub.com](http://www.harborbayclub.com)

Or call:  
(510) 521-5509



## What are the benefits of Chemical Peels

1. They promote exfoliation of the skin's surface layers
2. They cause cell renewal
3. They improve the texture of the skin
4. They reduce the signs of aging (fine lines & wrinkles)
5. They reduce the sign of photo-damage
6. They diminish some forms of pigmentation & unbalanced skin tone
7. They treat acne concerns & breakouts
8. They improve skin congestion
9. They brighten the complexion
10. They leave the skin feeling silky soft



## Common Questions

### How often do I need a Peel Treatment to maintain results?

Your Esthetician will prescribe a Series of 3 to 6 Peels depending on your skin concern and skin condition. Multiple series may be performed to achieve the desired results.

### When can I expect to see results?

Results will depend on your skin condition and how frequently you get Peels. As with any skin care regimen, results can take anywhere from 2-4 weeks to show, as this is how long it takes for skin to renew itself.

### Is there anything I need to do to prepare for my Peels?

Once your Esthetician determines you are a candidate for one of our Peels, she may prescribe a Dermalogica or GM Collin pre-treatment regimen specific to your skin condition. As a general rule of thumb, it is good practice to discontinue the use of prescribed exfoliants (such as Retin-A and Renova) at least 48 hours prior to, and during, any Peel Treatments.

### I used to take Isotretinoin (Accutane). Can I receive Peel Treatments?

Yes, but only if you've been off Isotretinoin for more than 6 months.

### I'm pregnant. Can I receive a Peel Treatment?

No. Our Peels contain Salicylic Acid, an ingredient that is not to be used on pregnant or lactating women.

## Chemical Peels

### GM Collin Professional Chemical Peels:

The perfect solution for Fine Lines & Wrinkles, Hyperpigmentation, Flaky Skin & Acne. Series are customized by your Esthetician using a combination of Lactic Acid, Salicylic Acid, Derm Renewal, Glycolic Acid & Modified Jessner. Series should be done once a week for 4 to 6 weeks. Each treatment is 35 minutes (no extractions).

	HBC Members	Non-Members
Anti-Aging Series of 4 (Fine Lines & Wrinkles)	\$187	\$212
Anti-Aging Series of 6 (Deep Lines & Wrinkles)	\$280	\$318
Hyperpigmentation Series of 6	\$280	\$318
Acne Series of 4 (Mild Acne/No Scarring)	\$187	\$212
Acne Series of 6 (Severe Acne with or without Scarring)	\$280	\$318
Algae Mask Add-on	\$21	\$23

### Dermalogica BioActive Peel

Our Deepest Peel (up to 3 layers) is done by our Dermalogica Certified Esthetician, Carrie. This appt can only be booked in The Spa Shoppe by the recommendation of Carrie.

55 minutes	\$93	\$104
Series of 4 (55 min)	\$334	\$374
Algae Mask Add-on	\$21	\$23

\*\* Prices subject to change

