

quickstart tennis

the new way to play tennis
for kids 10 and under

HBC Junior Tennis Pathway

The Harbor Bay Junior Tennis Pathway will allow the junior to develop at their own pace and not be restricted by age. The term “tennis appropriate” refers to a junior participating in a class that reflects their skill level. Some juniors will move beyond their age level sooner than others. Not all will advance to the highest levels. The primary goal is for them to learn the game in a fun manner and have the basic skills to enjoy playing for the rest of their lives.

Quick Start Tennis methodology, including tennis-appropriate balls, racquets and courts, will be utilized. For further information, log in to www.10andundertennis.com.

Placement

Junior players will be placed initially by age. As they proceed in the program they will be placed by ability level. The intent is to have all juniors placed in a “tennis appropriate” group.

Junior Development Levels

	Ages
Pee Wee	4-5
Little Hitters	5-6
8 & under	6-8
10 & under	7-10
HS (High School)	10-14
TT (Tournament Training)	Any
High Performance Training	Any

FAQS About HBC's Junior Tennis Program

Q: How do I learn more about Quick Start Tennis and the USTA's initiative for 10 and Under Tennis?

A: Go to www.10andundertennis.com. You can also receive on-court orientation by attending the Parent-Child Clinics offered Saturdays from Noon to 1:00 pm.

Q: What if a child can already play with the yellow ball? Will he or she have to use the red, orange or green ball?

A: Regardless of age, if a child can sustain long rallies and is proficient with the yellow ball, they would be placed in an appropriate group.

Q: What is EBJL?

A: East Bay Junior League is junior team tennis. Matches are played against area clubs both at HBC and away on Friday afternoons. The juniors are supervised and coached.

Q: What is the difference between HS (High School) and TT (Tournament Training) levels offered each session?

A: Any junior older than 10 OR proficient enough to sustain rallies with an orange or green ball may join the HS level. TT is designed for juniors who play competitively and/or wish to try-out for their high school team.

Q: May a junior attend more than one day per week each session?

A. Yes, there is a 10% discount for enrolling twice a week.

Q: How do I sign up for the High Performance Training sessions or the Nike HP Camps?

A: Contact Director of Tennis Paul Torricelli to sign-up for the HBC HP sessions. For the Nike camps, go to www.ussportscamps.com and follow the related links.



HBC Junior Tennis Program

2011 Spring Session

Enjoy learning the game on
one of our 19 lighted tennis
courts set against the beautiful
landscape of the Bay Area



HARBOR
BAY
CLUB

Alameda's Premier Health Club & Spa

200 Packet Landing Road Alameda, CA

(510) 521-5414 x131



Spring 2011 Session Schedule & Pricing 7 Week Session April 11 - May 28

Junior Programs Weekly Junior Schedule

Monday

Pee Wee	3:00 - 3:30pm
Little Hitters	3:30 - 4:15pm
8 & Under	4:15 - 5:15pm
10 & Under	4:15 - 5:15pm

Tuesday

High School Training	4:00 - 5:30pm
Tournament Training	4:00 - 5:30pm

Wednesday

Pee Wee	2:00 - 2:30pm
Little Hitters	2:30 - 3:15pm
8 & Under	3:15 - 4:15pm
10 & Under	3:15 - 4:15pm
High Performance	4:30 - 6:30pm

Thursday

High School Training	4:00 - 5:30pm
Tournament Training	4:00 - 5:30pm

Friday

East Bay Junior League	4:00 - 6:00pm
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Saturday

Parent/Child 10 & Under	12:00 - 1:00pm
10 & Under Team Tennis	1:00 - 2:30pm
High Performance	1:00 - 3:00pm

Cost Per Session (1 day per week)*	Member	Non-Member
Pee Wee/Little Hitters**	\$75	\$90
8, 10 & under**	\$105	\$120
HS, TT	\$158	\$173

*10% reduction for 2 days per week or multiple siblings
**add 20.00 to include purchase of appropriate junior racquet

Weekly Charge Only	Member	Non-Member
East Bay Junior League: Friday	\$15	\$20
Parent/Child Clinic: Saturday	\$15	\$20
10 & Under Team Tennis: Saturday	\$15	\$20
High Performance: Wednesday and Saturday	\$32	\$40

Additional 2011 Programs for Juniors

HBC Summer Camp	June 13 - August 19 (10 weekly sessions)
Nike High Performance Camps	June 21 - June 23 July 19 - July 21 August 9 - August 11
Fall Session I	September 12 - October 29
Fall Session II	October 31 - December 17
Holiday Camp	December 19-22

Application

Child's Name _____
 Age as of July 1st _____ grade completed _____
 Address _____
 City _____ State _____ Zip _____
 Phone (h) _____ (w) _____
 Pager, cell phone _____
 Child's HBC Member # _____ Non-Mem _____
 Email Address _____

2011 Junior Tennis Programs

Select Classes) (either one or two days per week)

Session	M	T	W	Th	F	S	Extended Price
Pee Wee		X		X	X	X	
Little Hitters		X		X	X	X	
8 & Under		X		X	X	X	
10 & Under		X		X	X	X	
High School Training	X		X		X		
Tournament Training	X		X		X		
East Bay Junior League	X	X		X	X		
Parent/Child Clinic	X	X		X	X		
10 & Under Team Tennis	X	X		X	X		
High Performance	X	X		X	X		

Subtotal \$ _____

Less applicable 10% discount for 2 days per week \$ _____

Total \$ _____

Method of Payment

Check _____ HBC Account _____
 Credit Card # _____ exp. _____