

Masters Swim

You don't need to be Olympic caliber to join!
Masters just means you need to be over the age of
18. Adult swimmers of all skill levels are welcome!

Monthly Sessions: 1 hour

Monday, Wednesday & Friday

6:45 - 7:45 AM

Members: \$30 Non-Members: \$40

OR

Monday, Wednesday & Friday

7:00 - 8:00 PM

Members: \$30 Non-Members: \$40

Top Reasons to Swim with the Masters:

1. You are a runner with bad knees, ankles, hamstrings, etc. and you want to stay in top shape.
2. You feel like you are going "nowhere" when you swim.
3. You are winded after one lap.
4. You have always wanted to do a triathlon but don't think you can make the swim.
5. You will be encouraged and motivated by the friendly participants already swimming in the group.



**For additional information please
contact the Harbor Bay Club
Aquatics Department:**

**maureen@harborbayclub.com
(510) 521-5416 ext 113**

HBC Masters Swim 2019

- *Improve Your Efficiency!**
- *Increase Your Endurance!**
- *Challenge Your Personal
Fitness Goals!**

Online Sign up Available!

Monday, Wednesday, Friday

6:45 - 7:45 AM

OR

7:00 - 8:00 PM



**HARBOR
BAY
CLUB**

Alameda's Premier Health Club & Spa
200 Packet Landing Rd Alameda, CA
www.harborbayclub.com

Masters Swim 2019 Enrollment Form

Please fill out one form per person
(you must be enrolled prior to attending)

Name: _____ Birthday: _____

Address: _____

City: _____ Zip: _____

Phone: _____

HBC Member # _____ NM _____

Email: _____

*Email required

Option 1: Auto-Enrollment Contract

I, _____ (name), _____ (mem #)
Hereby request to be automatically enrolled into the Masters Swim class every month for the year of 2019.

I authorize my Harbor Bay Club account or my Credit Card on file to be auto-charged each month. This charge will be done on the 1st of every month (or the Monday following if the 1st is on a weekend).

It is my understanding that the Masters Swim class is a month by month class. Month long classes are not defined by a 30 day period, they are by the month (example: If I sign up in July then I am only registered for dates in the month of July). I understand that prices are per month and that there are no partial months or refunds for any unused days in a month. I have read and understand the cancellation/refund policy for this class.

If I need to cancel a month of Masters Swim class I will inform the Aquatics Director by email at least 72 hours prior to the first day of the month to avoid full charge of the class.

I also understand that either the Harbor Bay Club or I may cancel this contract with a minimum notice of 72 hours prior to the 1st of the next month enrolled. Termination of the contract must be done by email to the Aquatics Director.

____ AM Masters OR ____ PM Masters

____ Please charge my Credit Card on file each month (on the 1st of each month, or the Monday following if the 1st is on a weekend)

*Credit Card#: _____ exp: _____
**Non-Members must have billing information on file.

____ Please charge my HBC Account each month on the 1st of each month, or the Monday following if the 1st is on a weekend)

*HBC Account#: _____

Signature of Participant Date

Option 2: One Month at a time

The Masters Swim class is a month by month class. Month long classes are not defined by a 30 day period, they are by the month.
(example: If you sign up in July then you are only registered for dates in the month of July).

If you choose **Option 2**, you must turn in this form, or sign up Online, each month before the month begins. If interested in auto-enrollment for every month of 2019 then please fill out the **Option 1** section instead.

Method of Payment

HBC Account#: _____

Credit Card#: _____ exp: _____
**Non-Members must have billing information on file.

Check #: _____

You can also sign up ONLINE!
If you sign up online you must do so before attending class.

I understand that if I come to a class outside of the month that I had originally signed up for, my HBC Account or Credit Card on file will automatically be billed for that month of Masters Swim class.

Signature of Participant

Date

Month	MWF 6:45 - 7:45 AM		MWF 7:00 - 8:00 PM		Session Fee
	M	NM	M	NM	
January	\$30	\$40	\$30	\$40	\$
February	\$30	\$40	\$30	\$40	\$
March	\$30	\$40	\$30	\$40	\$
April	\$30	\$40	\$30	\$40	\$
May	\$30	\$40	\$30	\$40	\$
June	\$30	\$40	\$30	\$40	\$
July	\$30	\$40	\$30	\$40	\$
August	\$30	\$40	\$30	\$40	\$
September	\$30	\$40	\$30	\$40	\$
October	\$30	\$40	\$30	\$40	\$
November	\$30	\$40	\$30	\$40	\$
December	\$30	\$40	\$30	\$40	\$
Total					\$

WAIVER

I understand and agree that the use of any and all Harbor Bay Club facilities shall be undertaken at my sole risk. The Harbor Bay Club shall not be liable for any losses, injuries, or damages to me or my property as a result thereof. I further understand that entry to the club is at the discretion of Management and declare that I will be using the facility only for the designated time of Master's Swim workouts and for the designated period.

The undersigned, in consideration of participation in this activity, agrees to indemnify and hold Harbor Bay Club harmless and release its offices, employees and agents from any liability for any injury arising out of or in any way connected with participation in this activity. I further understand that Harbor Bay Club does not carry medical insurance.

I have read and understand the policies and conditions of this agreement and signify my agreement and approval with my signature.

SIGNATURE OF PARTICIPANT

Cancellation/Refund Policy

There are no make-up practice days.
Unused days cannot be carried over to another month.

Cancellations made less than 72 hours prior to the 1st of the month enrolled will receive NO REFUND.

Cancellations made more than 72 hours prior to the 1st of the month enrolled will be charged a 20% processing fee. (If you have turned in an auto-enrollment contract then you will not be charged a 20% processing fee for cancelling more than 72 hours prior to the 1st of the month enrolled).

Prices are per month. We do not offer partial months or refunds for unused days in a month. This includes, but is not limited to, vacations, illness, and unexpected pool closures.

All cancellations must be submitted in writing by Email to the Aquatics Director.

maureen@harborbayclub.com

**** Weather notification: We have class rain or shine. We will cancel class during a thunderstorm. You will be notified by phone if there is a cancellation because of weather.**